

**Emotionally Engaged: A Bride's Guide To Surviving The  
"Happiest" Time Of Her Life  
By Allison Moir-Smith**



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<http://www.yourtango.com/201074651/im-engaged-why-dont-i-feel-happier>

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Emotionally Engaged, Manchester-by-the-Sea, Allison Moir-Smith is a psychotherapist specializing counseling brides, Create Page. Recent; 2015; 2014; 2013; 2012;

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<https://www.psychologytoday.com/articles/200702/brides-and-grooms-cold-feet>

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<https://www.overdrive.com/media/213634/emotionally-engaged>

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