

The 22 Day Revolution: The Plant-Based Programme That Will Transform Your Body, Reset Your Habits, And Change Your Life
By Marco Borges



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22 Day Revolution - Improve your health - YouTube -

Apr 29, 2015 Marco Borges makes a promise to all of his clients from Beyonc , Shakira, and Gwen Stefani to Jay-Z, Jennifer Lopez, and Ryan Seacrest if they give

<http://www.youtube.com/watch?v=OkaQ2ELmgx8>

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The 22 Day Revolution: The Plant-Based Programme That Will Transform Your Body, Reset Your Habits, and Change Your Life by Marco Borges, 9781473618459, available at

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The 22-Day Revolution | KASA.com -

ALBUQUERQUE (KASA) We are talking to the author of The 22-Day Revolution, Marco Borges, about his book. The 22-day challenge is a plant-based program that will

<http://kasa.com/2015/05/06/the-22-day-revolution/>

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<http://www.imcpl.org/cgi-bin/fullbib.pl?bibno=1579717>

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The Light of the World (Grand Central Publishing, \$26) Live Right and Find Happiness (G.P Putnam's Sons, \$26.95)

<http://www.booksandbooks.com/event/marco-borges-22-day-revolution-gables>

Beyonc Opens Up About Losing Weight With The 22- -

Jun 07, 2015 News/ Beyonc Opens Up About Losing Weight With The 22-Day Revolution Vegan Diet, Is Still "Proud of My Curves" by Zach Johnson Mon., Jun

<http://www.eonline.com/news/664100/beyonce-opens-up-about-losing-weight-with-the-22-day-revolution-vegan-diet-is-still-proud-of-my-curves>

Beyonce s Vegan Diet GMA Surprise -

The 22-Day Revolution. Marco says it takes 21 days to break a habit, so encourages people who want to see results to go vegan for 22 days.

<http://hollywoodlife.com/2015/06/08/beyonce-vegan-diet-gma-surprise-announcement-22-day-revolution/#!>

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The 22 day revolution : the plant-based program that will transform your body, reset your habits, and change your life exercise physiologist Marco Borges has

<http://www.torontopubliclibrary.ca/detail.jsp?R=3294464>

22 Day Revolution - keyetv.com Austin News, -

22 Day Revolution. Updated: 22 days from now you could have a different body, habits, and life. Beyonce, J-Lo and Ryan Seacrest all did by using a plant-based program.

<http://www.keyetv.com/lifestyle/features/austin-lifestyle/stories/22-day-revolution-1310.shtml>

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Marco Borges Shares His 22-Day Revolution Diet - -

What to Eat on the 22-Day Revolution Diet. Exercise physiologist Marco Borges goes through all of the sources of protein and power foods that are in his 22-Day

<http://www.doctoroz.com/episode/22-day-revolution-worked-beyonc-and-can-work-you-too>

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<http://www.eatyourbooks.com/library/158460/the-22-day-revolution-the>

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<http://www.constantreader.com.au/Cooking/Cooking/22-day-revolution-the-plant-based-programme-that-will-transform-your-body-reset-your-habits-and-chan>

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Jun 20, 2013 The 22-Day Revolution. Subtitle: "The Plant-Based Program That Will Transform Your Body, Reset Your Habits, and Change Your Life"

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<http://healthy-diet-reviews.com/the-22-day-revolution-the-plant-based-program-that-will-transform-your-body-reset-your-habits-and-change-your-life/>

The 22-Day Revolution - Penguin Random House -

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<http://www.penguinrandomhouse.com/books/318009/the-22-day-revolution-by-marco-borges/>

The 22-Day Revolution! | 22 Days Nutrition Blog -

It s finally here! The Official 22 Days program The 22-Day Revolution guides you on a successful strategy for adopting and committing to a plant-based diet in
<http://www.22daysnutrition.com/blog/2015/02/04/the-22-day-revolution/>

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The 22-Day Revolution promises to transform your body, reset your habits, change your life. to achieve full body health, Borges has developed a plant-based
<http://www.abc15.com/lifestyle/sonoran-living/sl-sponsors/the-22-day-revolution-promises-to-transform-your-body-reset-your-habits-change-your-life>

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22 Days Nutrition Review. 22 Days Nutrition is a vegan food delivery service sponsored by Beyonc that has now turned to creating an at home eBook so that you can
<http://supplementpolice.com/22-days-nutrition/>

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<http://www.marcoborges.com/>

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THE 22 - DAY REVOLUTION. by Marco Borges. and will change your life. In The 22-Day Revolution, how to transform your life in just 22 days with a plant-based

<http://www.22daysnutrition.com/book>

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22 Days Nutrition | Facebook -

If you're following The 22-Day Revolution or a 22 Days Vegan Challenge, you may wonder what you should drink. Marco recommends lots of water and unsweetened teas.

<https://www.facebook.com/22days>

The 22-Day Revolution to Get Back in Shape | The -

Follow the same plan used by Beyoncé, created by exercise physiologist Marco Borges to get in great shape.

<http://www.doctoroz.com/gallery/22-day-revolution-get-back-shape>

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