

The Bean Queen's Cookbook

By Karen R. Hurd



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<http://mariamindbodyhealth.com/refried-beans/>

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Getting to Know Wisconsin's ' Bean Queen' -

Karen R. Hurd (aka the Bean Queen), serves more than 150 clients a week in person or by phone, Hurd s approach to wellness is food alone can cure.

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John Jaeckel is battling ALS, more commonly known as Lou Geirig's disease. He chose to be an advocate, Facebook logo. Email or Phone: Password: Keep me logged in.

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The Bean Queen -

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<http://jenn-thebeanqueen.blogspot.com/>

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View Karen Hurd's business profile at Karen Hurd and see work history, Karen has published two books-And They Said it Wasn't Possible and The Bean Queen's Cookbook.
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Karen R. Hurd (Author of And They Said It Wasn't -

Karen R. Hurd is the author of And They Said It Wasn't Possible (4.33 avg rating, 6 ratings, 0 reviews, published 2006), The Bean Queen's Cookbook (4.00
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